



National Alliance on Mental Illness

What is NAMI FaithNet?

FaithNet is a no-cost, educational mental health ministry that helps Faith communities welcome and encourage persons and families living with mental illness. It is an interactive 50-minute presentation that explains the early warning signs of mental illness and offers mental health resources available in the community.

What can NAMI FaithNet do for your faith community?

- Educate clergy, staff, congregations, and loved ones to welcome and support persons and families living with mental illness.
- Present an educational session on mental illness and the vital role spirituality plays in recovery.
- Provide information about community mental health resources.
- Provide a NAMI resource table for your health or community event.
- Support people in your congregation when providing assistance to a person with mental illness and their families through prayer, hospital visits, support groups, and inclusion in worship and social activities.

For information or to schedule a presentation contact the
FaithNet Coordinator
520-622-5582
namisa@namisa.org



NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Southern Arizona, an affiliate of NAMI National, and its dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.

Mental illnesses are common and often misunderstood. One in five adults experience a mental health condition in a given year, including depression, schizophrenia, bipolar disorder and other conditions. Faith and spirituality are essential elements of healing and recovery for many, yet many clergy and people of faith feel ill-equipped to provide appropriate support, education and assistance to persons living with mental illness. NAMI FaithNet can help.



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